

# Body Positive Sir Gaer a Gogledd Cymru Cynllun Cefnogaeth Symudol

Bwriad y cynllun yw darparu cymorth yn gysylltiedig a thai i helpu pobl sydd yn byw gyda HIV gan eu cynnal i fyw'n anibyynnol. Nod y cymorth ydyw helpu rhwystro problemau a allai arwain at y denantiaeth yn torri lawr gan achosi di-gartrefedd.

Bydd gwasanaeth cefnogi pobl Body Positive yn gweithio gyda phobl sydd yn byw gyda HIV a bydd yn ffocysu ar bobl sy'n byw yng Ngogledd Cymru (Mon, Gwynedd, Conwy, Sir Ddinbych, Sir Fflint a Wrecsam).

## Gwasanaethau y darparwyd gan y Cynllun Cefnogaeth Symudol:

Darpara y gwasanaeth gefnogaeth sydd yn gysylltiedig a thai, gyda'r nod i ddatblygu neu gynnal gallu unigolyn i fyw'n anibyynnol. Bydd y gefnogaeth yn cael ei deilwra i ofynnion unigolyn a gall gynnwys y canlynol:

- di-gartrefedd/risg o
- cefnogaeth i gynnal tenantiaeth
- cael mynediad at gymorth i sefydlu cartref
- cefnogaeth i ddatblygu sgiliau bywyd a sgiliau domestig/cyfleoedd
- cefnogaeth gyda sgiliau cyllido, materion ariannol a cheisiadau budd-daliadau
- mynediad i wasanaethau a sefydliadau cymunedol eraill

- sefydlu cysylltiadau cymdeithasol a gweithgareddau o fewn cymunedau lleol
- sefydlu diogelwch
- effaith HIV ar iechyd a lles meddyliol a chorfforol
- cefnogaeth i fyw yn anibynnol

Ni all cefnogi pobl ddarparu cefnogaeth gyda golchi, gwisgo, darparu meddyginiaeth a bwydo.

## Sut mae'n gweithio

Dylai unrhywun sydd a diddordeb mewn derbyn cefnogaeth gysylltu gyda Body Positive ar y manylion isod.

Os y derbynir yr unigolyn ar y cynllun, bydd y client yn gweithio gyda'r gweithiwr/aig cefnogaeth i lunio cynllun cymorth i gwrdd a'r gofynion y tanlinellwyd, gan gyfarfod yn aml fel y cytunir.

Am fanylion pellach, cysylltwch gyda:

**Danny Barnes, Cate Awelan** neu **Gwenno Jones** ar **01270 653150**.

*Gall bolisi Cyfleoedd Cyfartal Body Positive gael ei ffeindio yn eich pecyn cofrestru.*

*Mae'r polisi ar gyfer Dull Cwyno Body Positive ar gael drwy gysylltu a'r rhif uchod.*



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# Body Positive Cheshire & North Wales Floating Support Project

The project provides housing related support to assist people living with HIV in maintaining independent living. The support provided aims to help prevent problems that might lead to tenancy breakdown and homelessness.

Body Positive's supporting people service is intended for people living with HIV and will focus on people living in North Wales (Anglesey, Gwynedd, Conwy, Denbighshire, Flintshire & Wrexham).

## **Services provided by the Floating Support Project:**

The service provides housing related support, aimed at developing or sustaining an individual's capacity to live independently. The support will be tailored to an individual's assessed needs and may include the following:

- Homeless/at risk of
- Support to maintain tenancy
- Accessing support to set up a home
- Support in developing life and domestic skills/ opportunities
- Support with budgeting, finances and benefit claims
- Accessing services and other community organisations
- Establishing social contacts and activities within local

communities

- Establishing safety and security
- Impact of HIV on mental and physical health and wellbeing
- Support to live independently

*Supporting people can't provide support with washing, dressing, administering medication and feeding.*

## How it works

Anyone interested in receiving support should contact Body Positive as detailed below.

If accepted onto the project, the client will work with the support worker to design a support plan to meet identified needs, meeting on a regular basis as agreed. The client and worker will review progress against the plan on a regular basis.

For further details please contact;

**Danny Barnes, Gwenno Jones or Cate Awelan on 01270 653150.**

*Body Positive's Equal Opportunities policy can be found in your Registration Pack.*

*The policy for Body Positive's Complaints Procedure is available on request from the number above.*

**Body  
Positive**  
Cheshire &  
North Wales

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